

# 2023/24 ANNUAL REPORT





# Board of



**President**  
**Shae Collis**



**Vice President**  
**Bob Pennington**



**Treasurer**  
**Kevin Leslie**



**Member**  
**Graeme Thomas**

**Member**  
**Bruce Campigli**

## President's Message

I am delighted to share that this year has been one of significant progress and success for our organisation. As we celebrate the first year of our new strategic plan, we have seen tremendous strides forward, driven by a clear vision for growth and deepened community impact. It has been a year marked by transformation, with several milestones achieved that will shape our path ahead.

A particularly noteworthy achievement has been the implementation of our new constitution, which reaffirms our charitable purpose as the cornerstone of everything we do. This important step ensures that our values and commitments are clearly enshrined in our governance, guiding our decision-making as we continue to focus on creating positive and lasting change. The new constitution provides a strong framework for our work, ensuring that our mission remains front and centre as we strive to meet the needs of the communities we serve.

The year has also seen the formation of new and exciting partnerships that have enhanced our reach and enriched our programs. These collaborations have not only brought fresh resources and expertise but also helped us to innovate and scale up our efforts. Together with our partners, we have launched new initiatives and strengthened our existing programs, enabling us to make an even greater impact. Collaboration is a value that resonates strongly across our organisation, and these partnerships reflect the power of shared purpose in driving meaningful progress.

Our commitment to supporting young people has never been stronger, and our Youth at Risk programs have continued to grow in both scale and impact. We have expanded services, increased mentorship opportunities, and deepened our holistic approach to youth development, all of which have allowed us to reach more young individuals than ever before. The resilience and growth demonstrated by the young people in our programs continue to inspire us, and we remain dedicated to providing pathways to brighter futures for those who need it most.

In addition to these accomplishments, we have been actively exploring the opportunity to relocate to the Northern Suburbs Recreation Hub. This potential move represents a promising avenue to expand our facilities, improve accessibility, and broaden our program



# Directors



Member  
Tim Lyall



Member  
Glenn Creely

Member  
Sallyanne Coker

offerings. While this exploration is ongoing, we remain committed to thoroughly evaluating this opportunity to ensure it aligns with our strategic objectives and the evolving needs of our community.

From a financial standpoint, we are pleased to report that the year ended in a surplus, a testament to our commitment to sound financial management and responsible stewardship. This surplus positions us well to reinvest in our programs and infrastructure, ensuring that we remain agile and prepared for future growth. Our strong financial position will allow us to continue delivering on our mission and seizing new opportunities as they arise.

Reflecting on this successful year, I want to extend my heartfelt gratitude to our staff, board members, volunteers, partners, and supporters. Your dedication and hard work have been the driving force behind our achievements, and your support has allowed us to stay true to our charitable purpose while continuing to grow and innovate. As we look ahead, we are filled with optimism and excitement for the future, confident that the best is yet to come.

Thank you for your unwavering belief in our mission and for being a part of this journey. Together, we will continue to make a difference.

*Shae Collis*

# From the Club Manager

The past year has been a period of growth, adaptation, and community engagement at Launceston PCYC. Building on previous efforts, we have focused on expanding our programs, improving our facilities, and strengthening partnerships to continue serving the diverse needs of our community.



## Program Expansion and Successes

Our programs continue to cater to a broad audience, with a particular focus on vulnerable youth. We have continued to run the ASCENT and RESET programs for youth aged 12 to 14, which focus on building resilience, trust, and leadership skills. Partnering with Tasmania Police, the Department of Education, and with generous support from the Merridew Foundation, these programs remain impactful and vital to the community.

In response to demand, we expanded our offerings this year, introducing basketball term classes, rock wall drop-in sessions and a fitness instructor dedicated to youth three afternoons a week in the gym free of charge. Our holiday program also grew, now providing five activities a day, ensuring children are kept engaged and active throughout the holiday periods. Activities such as art, craft, cooking, Gymsports, archery tag, rock climbing and Zorb ball have become regular features, catering to children of all ages. We also continued our commitment to offering affordable programs for seniors and adults, including Seniors Fitness, Walking Soccer, Tai Chi, and more.

## Facility Improvements and Events

Facility improvements were a priority this year. Our party room underwent a transformation, with artist Jai from Elev8ed Creations providing a fresh look through murals and spray paint art. Both the trampoline and gymnastics rooms received fresh coats of paint and new blinds, ensuring they are welcoming and functional spaces for our users.

In December 2023, we hosted our first-ever glow-in-the-dark end-of-year party, which was a massive success. With over 260 children attending, the event featured games, music, a photo booth, and an arts and craft station, providing a fun and engaging environment for children aged 5 to 14.

## Transition and Collaboration in Gymnastics

A significant change this year was Launceston PCYC's decision to discontinue offering the trampoline program at the end of Term 2, 2024. After discussions with one of the coaches, who expressed interest in continuing the trampoline program independently, it was agreed that they would also take over the tumbling program. This led to the formation of a new club, Velocity Gymnastics, which now rents space at Launceston PCYC on Mondays, Tuesdays, and Thursdays. This transition highlights our commitment to supporting the community and ensuring the continuation of these programs under a new banner.

## **Continued Discussions and Future Planning**

We remain in discussions with the Department of State Growth, Tasmania Police, Active Tasmania and TAPCYC regarding a potential relocation to the Northern Suburbs Recreation Hub in 2025. While no decisions have been made, we are committed to exploring this opportunity to ensure the long-term sustainability of Launceston PCYC.

## **Gratitude and Acknowledgments**

Our success this year would not have been possible without the tireless efforts of our dedicated staff and volunteers. I would like to extend a special thank you to:

- Nicola Hay, our Gymnastics Coordinator, and her team of coaches
- Natalia Mullen, who heads up our admin team
- Liz Devlin and her team in finance
- Mark Brown and his team in the Mobile Activity Centre
- Hari Ravichandran and his work in our youth programs

We are also deeply grateful to our community partners and the ongoing guidance of our board, led by Shae Collis, ensuring that Launceston PCYC continues to be a pillar of support for our community.

## **Conclusion**

In conclusion, the 2023-2024 year has been one of growth, collaboration, and community impact. I look forward to continuing this momentum into the next year, with new challenges and opportunities on the horizon. Together, we will continue to inspire, empower, and engage youth to reach their full potential.

*Melissa Matthys*

# Governance and Our Business

## Governance

Launceston Police and Community Youth Club Inc is a registered charity and is a constitutional member-based incorporated association overseen by the Board of Directors. The Club Manager, employed by the Board, manages the operational aspects of the organisation, reporting to the Board monthly.

## Human Resources

Launceston PCYC employs 3 full time, 8 part-time and 32 casual staff. Of those staff, the average age is 32. In addition, the Club engages three external contractors and several volunteers to deliver classes.

## Finances

For the year ended June 30, 2024, Launceston PCYC saw a surplus of **\$54,266**, reflecting growth in program revenue and prudent financial management. Total revenue increased to **\$1,236,798**, driven by activities income and youth program funding, while total expenses amounted to **\$1,182,532**. Continued support from grants and community partnerships ensured our ability to deliver a wide range of programs and services.

<b>Income</b>	<b>2023/2024</b>	<b>2022/2023</b>	<b>2021/2022</b>	<b>2020/2021</b>	<b>2019/2020</b>	<b>2018/2019</b>
Activities	<b>\$784,726</b>	\$638,304	\$ 611,647	\$ 578,809	\$ 450,848	\$ 606,686
Operating	\$360,015	\$220,549	\$ 246,843	\$ 188,369	\$ 131,714	\$ 162,322
<b>Expense</b>						
Cost of Sales	\$468,541	\$401,840	\$ 387,657	\$ 308,280	\$ 289,361	\$ 363,842
<b>Gross Profit</b>	<b>\$676,200</b>	<b>\$457,013</b>	<b>\$ 470,833</b>	<b>\$ 458,897</b>	<b>\$ 293,200</b>	<b>\$ 405,166</b>
<b>Operating Expenses</b>						
Finance	\$17,169	\$12,236	\$ 11,196	\$ 9,271	\$ 7,303	\$ 7,308
General	\$159,550	\$122,753	\$ 111,972	\$ 68,758	\$ 52,041	\$ 78,472
Youth at Risk	\$107,391	\$69,023	\$ 28,866	\$ 47,572	\$ 25,568	\$ 30,563
Employment	\$429,881	\$458,010	\$ 377,689	\$ 523,826	\$ 440,674	\$ 336,158
<b>Operating Profit</b>	<b>-\$37,791</b>	<b>-\$205,009</b>	<b>-\$ 58,890</b>	<b>-\$ 190,530</b>	<b>-\$ 232,385</b>	<b>-\$ 47,336</b>
Other Income	\$92,057	\$134,442	\$ 127,890	\$ 560,359	\$ 318,617	\$ 147,958
Other Expenses		\$46,427	\$ 46,690	\$ 11,915	\$ 77,933	\$ 61,034
<b>Net Profit/Loss</b>	<b>\$54,266</b>	<b>-\$ 116,994</b>	<b>\$ 50,811</b>	<b>\$ 357,913</b>	<b>\$ 8,299</b>	<b>\$ 39,588</b>



# Programs

## **ASCENT:** Achieve Strength, Courage, Empowerment, and Nurture Together

The ASCENT program continues to play a pivotal role in supporting young women by fostering personal growth, resilience, and confidence. This year, the program provided participants with opportunities to tackle real-life challenges through a combination of engaging physical activities and personal development sessions. Participants were able to build leadership skills, improve self-esteem, and form positive relationships, addressing issues that are particularly relevant for young women today.

This year's ASCENT program included a range of activities that tested both physical and mental endurance. Participants engaged in PCYC-based challenges such as Archery Tag and Rock Wall Climbing, as well as outdoor adventures like the High Ropes course at Hollybank. The survival pool session at the Australian Maritime College remained a highlight, providing a unique and rewarding experience for many participants.

Now in its seventh year, ASCENT has established itself as a trusted and impactful program, continuing to build strong partnerships with local schools. This year, students from Kings Meadows High School, Campbell Town District High School, Cressy District High School and Prospect High School took part in the eight-week program, with each group working towards clearly defined personal and group goals.

A special thank you to the Merridew Foundation for their generous funding, along with ongoing support from The Cheesecake Shop, Woolworths Launceston, and the Australian Maritime College. We also deeply appreciate the collaborative efforts of the schools, Tasmania Police, and the Department of Education, whose partnership and support are vital to the program's continued success. Lastly, a heartfelt thank you to our dedicated staff, whose unwavering positivity and effort ensure the ASCENT program remains a life-changing experience for all involved.



## **RESET:** Resilience, Empowerment, Strength, Education, and Trust

The RESET program is aimed at engaging young men identified by schools as likely to benefit from additional support, offering them the opportunity to develop essential life skills, build resilience, and foster trust through structured activities and mentoring. Students from Riverside High School, Queechy High School, Port Dalrymple High School, and Cressy District High School had the opportunity to participate in the program which aims to empower participants by addressing common challenges faced during adolescence, such as peer pressure, self-confidence, and decision-making.

Through a combination of physical activities, leadership exercises, and group discussions, RESET helps participants cultivate personal strengths, learn teamwork, and build positive relationships. Activities include resilience-building walks, team challenges, and sessions focused on communication and creative problem-solving, all designed to help participants better manage the difficulties they may encounter in everyday life.

The ultimate goal of RESET is to inspire young men to become leaders in their communities, to approach challenges with confidence, and to create a supportive environment where they feel empowered to make positive decisions. This program would not be possible without the generous funding provided by the Merridew Foundation, and the continued strong partnerships with Tasmania Police, the Department of Education, and ongoing support from local businesses such as Woolworths Kings Meadows, the Australian Maritime College, Honourable Nick Duigan MLC, Hawthorn Football Club Tasmania, and Venue Clothing. Their contributions, along with the dedication of our staff, ensure the program remains impactful for participants.



Cressy participants at the Hawthorn Football Club



# Mobile Activity Centre (MAC)

## July to December 2023

In the latter half of 2023, the MAC program saw its typical growth, with an increase in school and business-funded sessions. Term 4 featured a highlight with the Taiko Drumming program, culminating in six impressive performances at various school assemblies.

## January to June 2024

The new year brought exciting changes, as the MAC Trailer underwent a complete revamp, thanks to the generous support of ACL Bearing Company in Rocherlea, who originally purchased the trailer 25 years ago. In addition to refurbishing the trailer, ACL Bearing Company committed to future funding for all regular MAC sessions in Rocherlea, Ravenswood, Mayfield, Waverley, and George Town.

Launceston PCYC was also the recipient of a MyState Bank grant, which allowed the MAC program to deliver weekly after-school activity sessions at Ravenswood Heights Primary School.

This period marked the busiest six months in the program's history, with a significant rise in the number of schools, business, and council-funded MAC/Taiko Drumming and MAC Attack sessions. The MAC program continues to meet the diverse needs of both local and remote communities.



Revamped MAC Trailer – April 2024

## **Taiko Drumming (Club/School Programs and Taiko Oni Jima Performance Group)**

### **July to December 2023**

The PCYC beginner classes attracted a diverse range of participants, varying in both age and skill level. The Taiko Oni Jima performance group took part in several local and regional events, including:

- Winter Feast in Burnie
- Launceston and Scottsdale Shows
- Beerfest at Royal Park

At the end of 2023, the Taiko Oni Jima group presented its annual awards:

- Maddison Anderson received the Purple Drum Award for Excellence and Achievement.
- Chloe Cornwell was awarded the Consistency – Team Player Award.
- Lochlan Colgrave was recognised with the Most Improved Award.

### **January to June 2024**

The first half of 2024 was quieter for the club's Taiko drumming programs, including beginner, learner, and performer classes. The Taiko Oni Jima ensemble had only a few performances during this period, including:

- Harmony Day at the Scotch Oakburn Middle Campus
- The Annual Scallop Festival in Bridport



Taiko Oni Jima at Scotch Oakburn College



## Gymnastics

Over the past year, Launceston PCYC saw incredible performances from our gymnastics athletes. Among the standout athletes were Addison Bass, Smily Squires, Harry French, Amelia Lowe, Mia Ross, and Mia Eastley, who all demonstrated exceptional skill and dedication. Special recognition goes to Molly Ross, who was crowned the WAG Level 5 State Champion, and Ayrton Myers, who achieved the title of MAG Level 3 State Champion.

Throughout the year, we maintained an average of 420 gymnasts across various levels, ranging from Kindergym for our youngest participants to our senior gymnasts, showcasing the strength and depth of our gymnastics program.



Ayrton Myers and Molly Ross

## Other Activities

Launceston PCYC continues to expand its offerings to meet the diverse interests and needs of the community. We offer Art and Coding classes designed for young people who may not be drawn to traditional sports or active recreation. These progressive classes help students build foundational skills and grow with each session, with additional workshops available during school holidays.



Recognising the need for early childhood programs, we introduced the Melody in Motion playgroup for toddlers, which now runs on Wednesday mornings, providing a fun and engaging environment for the youngest members of our community.

Our school holiday programs remain a cornerstone of our service, catering to children from as young as one year old to teenagers and adults. The holiday activities include a wide array of options, such as art, craft, cooking, Gymsports, games, social sports, rock climbing, and archery tag.

In addition to youth programs, Launceston PCYC offers a variety of low-cost activities for the broader community, including Seniors Fitness, Walking Soccer, Futsal, Pickleball, Tai Chi, Fitness Classes, Personal Training, Karate, Aikido, and our popular Weights Gym.

A special thanks goes to our dedicated volunteers, whose selfless contributions make many of these programs possible. Their commitment to the community is deeply appreciated.



# Olympic Weightlifting

## July to December 2023

The second half of 2023 showcased impressive performances from PCYC lifters, demonstrating consistently strong technique across both local and interstate competitions. Notable achievements included:

- Weightlifting Tasmania Inc. State Competitions: Standout performances by Jewel Banks and Charlotte McHardy.
- Ian Laurie Cup (Melbourne): Jewel Banks represented PCYC in September.
- State U15/17 Championships (Mornington): Charlotte McHardy secured two gold medals.
- Weightlifting Tasmania Inc. Awards: Charlotte McHardy was honoured with the Most Improved Novice (U17) and Novice Presidents Cup awards, while Mark Brown was recognised for his volunteering.
- NCAS State Coaching Accreditation: Jewel Banks earned her accreditation, furthering her coaching qualifications.

## January to June 2024

In the first half of 2024, Jewel Banks continued her success, winning a silver medal at the State U23 Championships. The period also saw newcomers make their competition debuts, including Thandi Dunn, who competed for the first time at Waverley in April.



# Thank you!

Launceston PCYC is a not-for-profit organisation relying on the support and generosity of individuals, community, and businesses. Without your help, we simply could not achieve what we do. We would like to particularly thank the following for their generous support:

## Merridew Foundation

