

2020/21 ANNUAL REPORT



Board of



President/Treasurer
Jon Erwin



Vice President
Brian Dullaghan



Secretary
Shelley Ridgway



Life Governor
Eve Thorp

Insp. Darren Hopkins
Commissioner's Rep

President's Message

What a difference a year makes. Reflecting on the past 12 months the club has had to continually adjust to meet the demands of an ever-changing environment. I must commend Bec and all the staff on their ability to adapt and their understanding in coping with these demands.

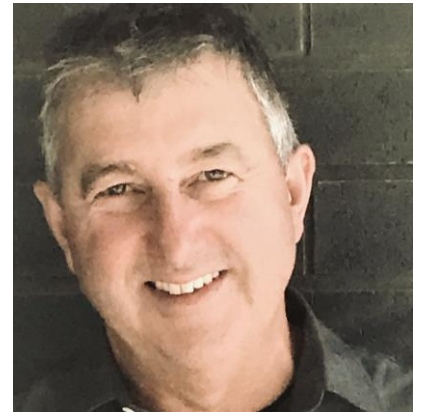
Last year put a great deal of pressure on the club and it has been through the efforts of our Club Manager, Bec, and the entire team that the challenges have been successfully met.

The Board is very grateful to all for their commitment and loyalty. It has been through the efforts of this dedicated team that the club has been able to get back to somewhere near business as usual and has continued to provide the services and activities that members want.

To enable the Club to deliver on its mission, it has been vital that we have a sustainable and financially viable organisation. The Board understands this is an imperative and working with the Club Manager we will continue to make this our main focus to ensure that the Club remains able to meet our objectives of providing safe, secure, and fit for purpose facilities that are able to evolve and meet changing needs.

The Club continues to be a vibrant and welcoming place for the whole community, and it is pleasing to see that it does attract such a diverse range of members. Again, something that I am very hopeful we will continue to grow and maintain.

Jon Erwin



Management



Member
Shae Collis



Member
Tami Schwanck



Member
Graeme Thomas



Member
Tim Lyall



Member
Hannah Phillips

From the Club Manager

What a year! The reopening of the Club post Covid closure brought with it many challenges but also opportunities. Whilst adapting to the seemingly ever-changing Covid compliance requirements, we were also able to bring to fruition several new and exciting programmes as well as strengthening partnerships with other community organisations.



Despite the increased costs associated with Covid compliant cleaning requirements, the Club has continued to improve and secure its financial position. Whilst the first term of the financial year operated at reduced capacity and participation, the remainder of the year saw increases and growth.

The Club has continued to expand its delivery of Youth at Risk and Early Intervention programmes, connecting with a more diverse cohort from the greater Launceston region. These have included the launch of the Youth Sponsorship programme, Dad & Me, Youth Adventure Club, and the MRC Fun Day. I would like to extend our gratitude to the Merridew Foundation for their ongoing financial support of our at-risk programmes, as well as to Healthy Tasmania Fund which funded Youth Adventure Club, Calvary Tasmania for funding Dad & Me and the many businesses for their ongoing generous donations.

I would also like to thank my staff for their tireless dedication and adaptability in a challenging landscape.

Bec Reedman

Governance and Our Business

Governance

Launceston Police and Community Youth Club Inc is a registered charity and is a constitutional member-based incorporated association overseen by the Board of Management. The Club Manager, employed by the Board, manages the operational aspects of the organisation, reporting to the Board on a monthly basis.

Human Resources

Launceston PCYC employs five full time, eight part-time and 26 casual staff. Of those staff, 25 are aged under 24 years. In addition, the Club engages three external contractors and six regular volunteers to deliver classes.

Finances

The Club's financial situation has been steadily improving over several years. With increased income and profitability, the Club has been able to increase its provision of youth at risk programmes: the Club's charitable purpose. Last year saw an increase in Employment Expenses which was largely due to the Jobkeeper subsidy, offset under Other Income. Overall, the Club is financially sound and steadily growing.

Income	2020/2021	2019/2020	2018/2019	2017/2018	2016/2017	2015/2016
Activities	\$ 578,809	\$ 450,848	\$ 606,686	\$ 584,623	\$ 557,234	\$ 345,839
Operating	\$ 188,369	\$ 131,714	\$ 162,322	\$ 97,625	\$ 55,675	\$ 42,486
Expense						
Cost of Sales	\$ 308,280	\$ 289,361	\$ 363,842	\$ 320,967	\$ 323,997	\$ 254,742
Gross Profit	\$ 458,897	\$ 293,200	\$ 405,166	\$ 361,281	\$ 288,912	\$ 133,583
Operating Expenses						
Finance	\$ 9,271	\$ 7,303	\$ 7,308	\$ 12,620	\$ 28,228	\$ 19,168
General	\$ 68,758	\$ 52,041	\$ 78,472	\$ 107,365	\$ 111,936	\$ 109,571
Youth at Risk	\$ 47,572	\$ 25,568	\$ 30,563	\$ 11,660	\$ 6,760	\$ 512
Employment	\$ 523,826	\$ 440,674	\$ 336,158	\$ 314,887	\$ 282,228	\$ 284,607
Operating Profit	-\$ 190,530	-\$ 232,385	-\$ 47,336	-\$ 85,251	-\$ 140,240	-\$ 280,275
Other Income	\$ 560,359	\$ 318,617	\$ 147,958	\$ 59,751	\$ 88,446	\$ 165,707
Other Expenses	\$ 11,915	\$ 77,933	\$ 61,034	\$ 4	\$ 4,107	\$ 16,417
Net Profit/Loss	\$ 357,913	\$ 8,299	\$ 39,588	-\$ 25,504	-\$ 55,901	-\$ 130,985

Youth Programmes

ASCENT - Achieve Strength, Courage, Empowerment, and Nurture Together.

Over the last 12 months the ASCENT program has continued to have a positive effect upon the lives of young women by building resilience and self-esteem, encouraging positive relationships and addressing the contemporary issues facing young people. This has been particularly relevant in the Covid era – with a range of challenges being faced and overcome. Last year, we were working with Kings Meadows High School and Queechy High School, continuing to focus on the year 8 and year 9 cohort.

The inclusion of challenging recreational activities continues to be integral to the success of the program. In addition to PCYC based activities, such as Archery Tag and Rockwall Climb, abseiling at Brady's Lookout and completion of the High Ropes course at Hollybank are very real challenges for most participants. December 2020 we were fortunate to be able to attempt the Overland Track thanks to a generous donation by On Track Expeditions. The importance, and positive long-term effects, of participant's challenging themselves, in a supported and safe environment, cannot be underestimated - particularly in regard to the relationships built with course facilitators.

With ASCENT running into its fourth year of operation, we are now realising several "success stories" – with some of the young women who participated in our early groups going on to achieve fantastic things – and keeping in touch with us along that journey. With ongoing support from the Merridew Foundation, the ASCENT program continues to build a fantastic reputation with the high schools involved.



Youth Programmes

Youth Adventure Club

LPCYC's Youth Adventure Club (YAC) is all about getting young people out into nature, enjoying the beautiful scenery and landscapes in which Tasmania has to offer. YAC is an all-inclusive group, for youth aged 13-17 to get together and learn about outdoor recreation activities such as hiking, mountain bike riding and kayaking. Not only do YAC participants learn about the fun side of outdoor recreational activities, but they are also faced with risk assessment activities, developing first aid knowledge and emergency communication techniques.

YAC is designed to equip young people with the knowledge and experience required to act in a safe and responsible manner when undertaking outdoor recreational activities. These skills will assist them in their own personal adventures, career and education pathways and opportunities, and encourage them to utilise their knowledge which they have learnt and apply it to everyday life.

Over the last 12 months, YAC has covered areas such as what to take and how to prepare for hiking, planning and executing mountain bike riding and kayaking, responding to emergency situations, camp cooking and preparation, search and rescue, and of course Indoor Rock Climbing. The list goes on!

YAC has plans for training days and activities, along with a multi-night camp in January 2022 to celebrate the hard work and commitment the group has displayed over the last 12 months.



Youth Programmes

Mobile Activity Centre (MAC)

The Mobile Activity Centre continued to provide strong outreach support to the Launceston community, despite the restrictions that the Covid pandemic has put on us all. After the shutdown, the programs slowly but surely resumed in most of the 'pre-pandemic' areas that were previously served. Due to the continued threat that Covid has provided, the MAC program has emerged as the 'go to' programme for many schools in and around Launceston and in particular, the Taiko (Japanese) Drumming.

LPCYC continues to sponsor free activity sessions in high-needs areas, particularly in the northern and eastern suburbs, and works very much in partnership with the Northern Suburbs Community Centre, the Starting Point Ravenswood Neighbourhood House, City Mission and the Migrant Resource Centre. The MAC program made a welcome return to some of the annual community events that also resumed after closure. In 2021, the program was able to recruit new staff, which has helped expand the program even further.

MAC Taiko Schools programme delivered four very polished performances at final assemblies at Invermay, Punchbowl, Youngtown and at the John Calvin School. The Taiko Oni Jima performance group participated in the New Year's Eve Community Celebration event - The Esplanade and Royal Park, as well as the official opening of the Ten Days on the Island event, the Mapali Dawn Gathering at Burnie, Care For Africa Charity Ball, and Extinction Rebellion Rally for World Environment Day.



Youth Programmes

Dad & Me

With thanks to Calvary Tasmania Community Council Grant we were able to commence our Dad & Me programme; a group specifically aimed at connecting young dads, developing confidence and skills in parenting, and supporting the development of lifelong friendships.

Dad & Me is designed for young parents to promote physical and mental health, nutrition, positive social interactions, positive family structure, develop strong community networks between like-minded people, and give them the opportunity to learn and grow as individuals. The programme gives young dads the opportunity to really understand and connect with other dads and their children.

With activities like cooking, bike riding, soccer and zip lining, the programme explores positive parenting, mental health, nutrition and active recreation. We look forward to growing this programme in 2022.

Youth Sponsorship

With the support of Merridew Foundation, Launceston PCYC offers a range of sponsored participation opportunities for young people who experience financial barriers to community recreation. This has included sponsored participation in the Youth Adventure Club, Gymnastics, Trampolining and Boxing.

Participants from ASCENT are gifted a 12-month membership on completion of their programme as well as credit to their account that can be used to access any of the programmes and classes on offer. In addition, young people from the Migrant Resource Centre are supported to attend daily fitness classes, use the weights gym, and participate in our Boxing classes with Graeme George.

Supporting our Community

An important role of LPCYC is to ensure maximum accessibility for our community. One of the ways we work towards this is by supporting other community groups and not-for-profits with the delivery of their programmes. This year we have supported Karinya Young Mums and Bubs by providing a meeting space for their weekly group sessions, Youth Justice by providing equipment and access to our facilities, and MRC through discounted services. We are very proud of our partnerships and recognise the importance of working together.

Classes and Activities

Gymsports

Our athletes have done a fantastic job after coming back from the lockdown due to Covid-19 last year. We resumed training in the gym Term 3 of 2020 after running Zoom sessions with our senior athletes during lockdown to keep up some strength and technique as well as continue the social interaction between our athletes.

Our two highest level WAG and MAG athletes competed in the Senior State Championships in March 2021, doing very well considering they only had two terms of training back in the gym.

Gymnastics had their Club Championships in May, which included WAG levels 3-8 and our MAG level 2-7. For many this was their first competition due to the Junior State Championships in August 2020 being cancelled. This was a fantastic competition for our athletes to debut with and it was enjoyed by athletes, coaches, judges, and spectators alike. There have been many improvements by our athletes and we are very proud of how they have bounced back from lockdown.



The Trampoline program was back on the competition floor in November 2020 with the Clubs Carnival at Kingborough State Gymnastics Centre, which also hosted the Tasmanian Clubs Team event. We had six athletes participating in double-mini trampoline two gold and one silver and Trampoline achieving two bronze medals in Trampoline and two gold and one silver in DMT. In Tumbling we had four athletes bringing home two gold and one silver.

At the Australian Gymnastics Championships held in Queensland, five of our athletes were selected, with Leuca McLeod bringing home the Australian title for Men's Junior U17 DMT and silver medal for Men's Junior U17 Trampoline event.



The major fundraiser for a new Gymnastics floor, the Quiz Night, was finally held in November 2020 raising just over \$6,000. For a full list of sponsors please visit our website www.pcyclaunceston.org.au and support those who support us. Fundraising continues to cover the cost of this nearly \$100k asset but when it finally arrives, everyone will benefit.

Classes and Activities

Olympic Weightlifting

In July, the State U15/Youth championships was the first opportunity to 'get back on track' after the Covid closure with Mya Venn (U17 gold medal), Ryan Dudman (his best competition total to date) and Jorja Love (U15/17 gold medals) all lifting very well. The State senior championships held at Mornington in August, saw Danica Holloway, Mya and Ryan all achieve the national qualifying standards they were after.

The Cliff Joyce Memorial competition was again held at Invermay in mid-October. This time it was Jorja's turn to achieve the national Youth qualifying standard and Ryan was able to secure the heaviest total of his career, with his whopping 256 kg effort!

The Weightlifting Tasmania Inc annual dinner and awards function followed, where Mya won the U20 President's Cup trophy, and Jorja finishing 3rd at U17. The 2020 PCYC club awards were presented as follows: Jorja Love (Most Consistent), Caden Harper (Most Improved), Mya Venn (Junior Achiever) and Ryan Dudman (Coach's Endeavour Award).

The 2021 State U20/23 championship event was held in February at Mornington, where Mya started the year off brightly for us, securing the U20/23 gold medals. In March Mya (bronze U20 medal) and Ryan (gold U23 medal) represented Tasmania at the National U20/23 championships. In May at the State U15/17 championships, Charlee Adams and Ebony Cooper both won U15 gold medals, with Jorja and Danica adding an U17 gold medal each to the tally.

Despite the various Covid restrictions (state and nationwide), the Launceston PCYC lifters have continued to 'punch above their weight'!!



(Back) Danica Holloway, Mark Brown (coach),
(middle) Ebony Cooper, Charlee Adams, Jorja Love
(Front) Jewel Lancaster

Classes and Activities

Art

Launceston PCYC has been offering art classes since 2018 and has gone from strength to strength. Students are led through shape, contouring, blending, shading and interpretative skills encompassing pencils, watercolour and oils. Some very talented young people join us each week, honing their skills and portfolios.

Coding

Coding continued this year, growing in number and continuing to hold the attention of young people not traditionally engaged in active recreation. The progressive class teaches students the fundamentals of code development along with essentials for debugging and development. Each week builds on the previous lesson with break out workshops held each holiday period.

School Holidays & Birthday Parties

Launceston PCYC continues to offer a diverse and affordable school holiday programme catering for children aged from one-year to teenagers and adults and birthday parties with a difference. From rock climbing to archery tag, art and coding, gymnastics and trampolining as well as various STEM challenges, obstacle courses and craft sessions, we continually expand our offerings to capture everyone's heart.

Groups and Schools

Launceston PCYC prides itself on being affordable and accessible for all of Launceston's community. Over 30 schools attend Launceston PCYC each year as part of the active recreation classes and take part in gymnastics, trampolining and rock-climbing activities. We also regularly accommodate groups like Life Without Barriers, New Horizons, Anglicare, Migrant Resource Centre as well as private groups and birthday parties. 2021 saw a huge increase in group and school bookings, and we look forward to working with a wider variety in years to come.

Other Activities

Launceston PCYC offers a range of low-cost activities for the entire community including Seniors Fitness, Walking Soccer, Tai Chi, Fitness Classes, Personal Training, Krav Maga, Karate, Aikido, Yoga, Power Lifting and the Weights Gym. We would like to extend our gratitude to the selfless volunteers who make many of these programmes possible.

Thank you

Launceston PCYC is a not-for-profit organisation relying on the support and generosity of individuals, community and businesses. Without your help, we simply could not achieve what we do. In particular, we would like to thank the following for their generous support.

Merridew Foundation



Newstead

