

# 2019/20 ANNUAL REPORT

# Board of



President  
Jon Erwin



Treasurer  
John Rays



Secretary  
Hannah Phillips



Vice President  
Rachel Galvin



Life Governor  
Eve Thorp

## President's Message

What a year. It is hard to think about the last 12 months without COVID-19. However, there was a time before COVID, when the club was running as usual, but that does seem to be so long ago.

The club was well on its way to building a financially resilient base and in keeping with Launceston PCYC's objectives, the club was able to offer a range of activities to appeal to our diverse mix of members and to continue providing a safe and secure place for our members, with fit for purpose facilities. This will remain an ongoing commitment to our members while we also look to continue developing the club's reach, effectiveness, and sustainability.

The Board has been very grateful for the dedication of all of the Launceston PCYC staff who have seen the club through this challenging period and have helped to put the club in a position to reopen as soon as restrictions began to be lifted.

The Board's thanks also go to our Club Manager, Bec, for maintaining her commitment to the club and for negotiating the path through the lock down and developing a plan for our reopening.

While the club is not back to where we were, it's pleasing to see that we have been in a position to offer a number of activities and to get members back in. Whilst the constraints that are currently in place limit the ability for the club to offer all activities, there will continue to be a re-introduction of programs as restrictions allow.

This will continue and the board looks forward to a brighter 2021.

*Jon Erwin*





# Management



Commissioner's Rep  
Inspector Ruth Orr



Member  
Shelley Ridgway



Member  
Graeme Thomas



Member  
Brian Dullaghan



Member  
Jade Jordan

## From the Club Manager

Like many organisations around the world, the 2020 financial year has been heavily impacted upon by Covid-19. Just as LPCYC was developing into a financially viable organisation with diversity of income, growing numbers and new programmes, the forced closure impacted greatly not only on the financial capacity of the Club but also the mental health of members and staff alike.



New programmes such as the Youth Adventure Club and a Young Dads group had to be postponed at a time when momentum was only just beginning as well as our regular youth at risk programmes ASCENT and RESET. However, the continued support from Merridew Foundation, donating at a time of global financial stress, together with clear and careful analysis, we were able to confidently plan for business continuity and post closure strategies.

Prior to closure the Club had enjoyed growth and programme expansion and was in a strong financial position. With the assistance of JobKeeper the Club has been able to continue to employ staff whilst protecting its solvency.

I would like to extend my extreme gratitude to those staff who assisted during the early staged-reopen, with constant shifting of restrictions and subsequent continual shuffling of programmes. I would like to thank our diverse membership for their understanding and support, as well as their kind words of encouragement.

We all look forward now to a new normal and will continue to strive to reach and engage as many young people as possible. We look forward to new partnerships with a range of youth and community organisations and we most definitely look forward to a brighter and more predictable 2021.

*Bec Reedman*

# Governance and Our Business

## Governance

Launceston Police and Community Youth Club Inc is a registered charity and is a constitutional member-based incorporated association overseen by the Board of Management. The Club Manager, employed by the Board, manages the operational aspects of the organisation, reporting to the Board on a monthly basis.

## Human Resources

Launceston PCYC employs four full time, nine part-time and 37 casual staff. In addition, the Club engages four external contractors and six regular volunteers to deliver classes.

## Finances

2019/2020 was a difficult year, losing one quarter of the operating months due to forced closure. The Jobkeeper subsidy allowed the Club to remain solvent and prepare for reopen. As a result of closure, the Club suffered a loss, largely due to depreciation expense.

<b>Income</b>	<b>2020</b>	<b>2019</b>
Activities	\$ 450,848	\$ 606,686
Operating	\$ 106,195	\$ 162,322
<b>Expense</b>		
Cost of Sales	\$ 289,361	\$ 363,842
<b>Gross Profit</b>	\$ 267,681	\$ 405,166
<b>Operating Expenses</b>		
Finance	\$ 7,303	\$ 7,308
General	\$ 76,041	\$ 78,472
Youth at Risk Programmes	\$ 25,568	\$ 30,563
Employment	\$ 440,674	\$ 336,158
<b>Operating Profit</b>	-\$ 281,904	-\$ 47,336
Other Income	\$ 318,617	\$ 147,958
Other Expenses	\$ 77,933	\$ 61,034
<b>Net Profit/Loss</b>	<b>-\$ 41,220</b>	<b>\$ 39,588</b>

# Youth Programmes

**ASCENT** - Achieve Strength, Courage, Empowerment, and Nurture Together.

With thanks to the Merridew Foundation, the ASCENT program has continued to have a positive effect upon the lives of young women by building resilience and self-esteem, encouraging positive relationships and addressing the contemporary issues young people face. We are very grateful for the ongoing support from Coles Newstead and the Cheesecake Shop.

With the addition of Exeter High School to the program, and continued participation of Queechy High School, ASCENT has created fantastic opportunities for participants to explore issues around mental health, goal setting and healthy relationships.

In March 2020 the ASCENT group participated in a mountain biking camp at Derby. The 3-day camp was the perfect way to explore boundaries and test resilience in a challenging, but safe, environment. The group had a wonderful time exploring the tracks at Derby, dodging snakes and leeches and much laughter and conversation around the fire of a night - learning a thing or two about the skill of mountain biking along the way. The camp, run by Ross McIvor, was a huge success that saw all the group develop a new love for the outdoors and re-ignite the simple joy of riding a bike (at speed, downhill and covered in mud).

Covid-19 was unfortunately responsible for the cancellation of the Term 2 programme but continued in Term 3 working towards an adventure on the Overland Tack in December 2020 – an 8-night, 9 day hike across the central plateau.





# Youth Programmes

## **RESET** – Resilience, Empowerment, Strength, Education, Trust

RESET is a partnership between Tasmania Police, Department of Education and Launceston PCYC. The program is a 10-12-week programme focussing on grade six students who may be at risk of disengagement from school during the difficult transition from primary school to high school. In 2020, we worked with students from Summerdale Primary School along with grade 9 mentors from Prospect High – establishing valuable connections for the future journey to High School.

The program focuses on helping participants prepare for high school whilst learning how to address social and behavioural challenges they may be facing. A range of adventure-based therapy activities and weekly group sessions are utilised including rock wall climbing, high ropes, zip lining, advanced problem solving, art, team challenges and gym sessions. Discussions around the role of and relationships with police forms an integral part of the program.

In addition, RESET aims to introduce vocational pathways by encouraging them to explore potential career options and experiences as they transition to high school. We would like to thank Mapel Café and Woolworths Kings Meadows for their ongoing support as well as Launceston City Council, Abel Landscape Supplies and TankTec for supporting the programme.



# Youth Programmes

## Mobile Activity Centre (MAC)

The Mobile Activity Centre continues to provide recreational outreach programmes in the greater Launceston area, as well as some of our most disadvantaged communities, including Rocherlea, Mayfield, Ravenswood, George Town and also at the Ashley Youth Detention Centre on a regular basis.

The MAC program provides free activities and works in partnership with many community organisations including Neighbourhood Houses, Youth Health and Schools. It also attends a variety of communities and schools on request, including Longford, Punchbowl, Invermay, Perth, Youngtown and Evandale as well as festivals and community events across Northern Tasmania.



## Youth Adventure Club

With the support of Healthy Tasmania Fund, Launceston PCYC began planning and training for the new and exciting Youth Adventure Club. Whilst it was planned to take participants from Term 2, due to COVID-19 this was postponed until Term 4. Regardless PCYC staff commenced outdoor guiding training and lesson planning ready for recommencement in 2020/2021 financial year.

The Youth Adventure Club is a collective of like-minded young people aged between 13 and 18 who come together once a week to learn the essentials of outdoor recreation. Each week participants learn about enjoying Tasmania's Wilderness in a safe and fun way, including map reading and navigation, packing a survival and first aid kit, essential rope handling, knots, and belaying techniques. The Club has a particular focus on engaging young people who may experience barriers to participating in outdoor recreation and we look forward to offering many in-field activities including mountain bike riding, kayaking, hiking and abseiling in the coming years.



# Youth Programmes

## Sponsored participation

With the support of Merridew Foundation, Launceston PCYC offers a range of sponsored participation opportunities for young people who experience financial barriers to community recreation. Participants from ASCENT and RESET are gifted a 12-month membership on completion of their programme as well as credit to their account that can be used to access any of the programmes and classes on offer. In addition, young people from the Migrant Resource Centre are supported to attend daily fitness classes as well as participation in our Boxing classes with Graeme George. The programme is being extended in 2020/2021 to include a youth sponsorship programme that will provide 50% class fee subsidy to young people from low socio-economic background.



## Youth Justice

A range of programmes are being developed alongside Youth Justice to provide opportunities for young people to engage with PCYC through activities that interest them. These include Young Dads Group, fishing trips, individual and small group access to rock climbing and archery tag. Launceston PCYC values the relationship with Youth Justice and the role the Club can play in reconnecting young people with their communities and positive mentors.

## Life Membership Awarded

On December 20, 2019 Mark Brown was presented with Life Membership to Launceston PCYC. Mark is the coordinator for the Mobile Activity Centre and has been heavily involved with youth outreach programs at Launceston PCYC since 2005.

He has been the volunteer coordinator for Olympic Weightlifting since 2005 and Taiko drumming since 2007. He has dedicated countless hours to training, competitions, fundraising and coaching.

Mark is a most deserving recipient of Life Membership and a highly valued member of the Launceston PCYC team.





# Classes and Activities

## Gymsports

Launceston PCYC is proud to offer Gymnastics, Tumbling and Trampolining to Launceston's youth with over 300 Gymnastics, 70 Trampoline and 40 Tumbling athletes. Gymnastics achieved a Level 3 MAG State Champion and Level 3 WAG division winner with numerous Junior State Championship placings. Unfortunately, the senior competitions were cancelled due to Covid-19. Trampoline took home a Silver in Women's Level 6 at the Australian Championships, and Champion in U13 Men's, Level 7 Men's and Women's Level 6 at the State Championships. In addition, we had over 40 children in the Under 5s programmes.



Gymnastics State Championships



Trampoline State Championships

A major fundraiser, the Quiz Night, had been organised for March 2020 to raise much needed funds to replace the Gymnastics floor. Unfortunately, this had to be postponed due to Covid-19 and is now anticipated to be run November 2020. The Club received a huge amount of support from local businesses in the way of donations for prizes, raffles and silent auction items. For a full list of sponsors please visit our website [www.pcyclauncesron.org.au](http://www.pcyclauncesron.org.au) and support those who support us.

## Taiko Drumming

Taiko Drumming continued on with its popularity at the club and at school, as well as the many community-based performances completed by Taiko Oni Jima in and around Launceston. The 2019/20 year again saw the presentation of some very polished school student Taiko group



performances. Feature events included the Northern Tasmanian Tourism Awards held at Brickendon Estate, and the National Meals On Wheels Annual Conference held at the Country Club Casino.

# Classes and Activities

## Olympic Weightlifting

Launceston PCYC continued to offer this competitive based alternative throughout the year. 2019 saw many achievements set, including state and national medallists, with the highlight being the Junior (U20) gold medal won by one of our athletes in Sydney. Our younger female lifters continued to excel at the Tasmanian state and national U15/Youth championships in Brisbane, winning many medals. The club also secured the Cliff Joyce Memorial Shield, an annually held state event which commemorates a long serving volunteer coach at the Launceston PCYC. In 2020, and due to the COVID-19 restrictions, only 2 Tasmanian state competitions were held. One of our emerging female athletes was able to qualify for the national U20 championships to be held later in the year in Sydney.



## Boxing

Graeme George continues to deliver top quality boxing classes twice a week. Graeme is best known for his coaching of Champion Daniel Geale but most recently, in August 2019 two of his LPCYC students Charlie Sebastian and Kiara Mills took out their respective divisions in the Golden Glove, Queensland.

Kiara was introduced to boxing through the ASCENT programme and the activity continues to be a valuable tool for engaging young people.





# Classes and Activities

## Art

Launceston PCYC has been offering art classes since 2018 and has gone from strength to strength. Students are led through shape, contouring, blended, shading and interpretative skills encompassing pencils, watercolour and oils. Some very talented young people join us each week, honing their skills and portfolios.

## Coding

A new addition this year, Coding holds the attention of young people not traditionally engaged in active recreation. The progressive class teaches students the fundamentals of code development along with essentials for debugging and development. Each week builds on the previous lesson with break out workshops held each holiday period.

## School Holidays

Launceston PCYC continues to offer a diverse and affordable school holiday programme catering for children aged from one year olds to teenagers and adults. This year saw the introduction of coding workshops, cupcake decorating, dungeons and dragons, craft and engineering workshops in addition to the regular activities of rock climbing, archery tag, sumo wrestling, gymnastics, trampolining and tumbling.

## Groups and Schools

Launceston PCYC prides itself on being affordable and accessible for all of Launceston's community. Over 30 schools attend Launceston PCYC each year as part of the active recreation classes and take part in gymnastics, trampolining and rock-climbing activities. We also regularly accommodate groups like Life Without Barriers, New Horizons, Anglicare, Migrant Resource Centre as well as private groups and birthday parties.

## Other Activities

Launceston PCYC offers a range of low-cost activities for the entire community including Seniors Fitness, Walking Soccer, Tai Chi, Fitness Classes, Personal Training, Krav Maga, Karate, Aikido, Yoga, Power Lifting and the Weights Gym. We would like to extend our gratitude to the selfless volunteers who make many of these programmes possible.

# Thank you

Launceston PCYC is a not-for-profit organisation relying on the support and generosity of individuals, community and businesses. Without your help, we simply could not achieve what we do. In particular, we would like to thank the following for their generous support.

## Merridew Foundation



Newstead



Kings Meadows

