



2018/19 ANNUAL REPORT

Board of



President
Jon Erwin



Treasurer
John Rays



Secretary
Hannah Phillips



Vice President
Rachel Galvin

President's Message

In keeping with the directions set in our strategic plan the Board is working closely with the Club Manager to support the further development of the club.

We have implemented a program of risk management whilst also establishing a sound financial position that will strengthen our ability to deliver a diverse range of programs to attract new members and retain existing members.

As part of this process a suite of policies and procedures have been developed and implemented to enhance our risk management strategy. Similarly, the club is strengthening its financial systems and looked to rationalise activities to ensure the continued viability of the club.

We will see a further level of evolution whilst we continue to consolidate activities and establish a balance that will see the club operate efficiently while also meeting its mandate to provide services and programs supporting at risk youth.

Overall Launceston PCYC continues to build on its connections with the Launceston community and offer a range of activities and services that will appeal to a broader section of the community and encourages utilisation by a greater range of cohorts.

Recently the Board has entered into discussions around possible future opportunities to further develop the club and provide options for an expanded range of services. This process is very much in consultative stage and the Board intends to communicate any developments to the members as they become known and provide the opportunity for members to feedback any concerns or ideas during this time.

Again, I would like to thank all the staff for their ongoing dedication and support that enables the club to provide the range of activities that helps to make the Launceston PCYC a vibrant hub for many.

Jon Erwin



Management



Member
Graeme Thomas



Member
Shelley Ridgway



Life Governor
Eve Thorp



Commissioner's Rep
Inspector Ruth Orr

From the Club Manager

With significant changes to human resource management processes, including transitioning to the Award, ordinary hours for permanent staff, and a move away from casualisation of administration staff, the Club has enjoyed increased efficiency and improved morale. Analysis of financial processes has led to accurate reporting of individual programmes and thus the ability to assess and improve all aspects of Club operations.



With the ongoing support from the Merridew Foundation ASCENT enjoyed its second year, working with Queechy and Exeter High Schools. Support from WD Booth and a new partnership with the Department of Education allowed RESET to engage with Prospect and Kings Meadows High Schools as well as the development of a new programme Out-Teach with Ravenswood Primary.

Over the past 12 months, the Club has renewed its focus on programmes designed to engage and support youth at risk. Whilst the Club offers a range of targeted programmes like ASCENT and RESET, it has been an important focus to support ongoing participation and engagement at the Club by increasing the diversity of programmes offered, in both style and cost accessibility. Notably, the introduction of a diverse school holiday programme offering adventure sports, art and gaming, the addition of Archery Tag and after-school drawing classes have been met with demand, demonstrating a need in the community.

With many changes to operations, the staff have demonstrated commitment and enthusiasm and I thank them all for their continued hard work. I look forward to the coming year with eagerness.

Bec Reedman

Governance and Our Business

Governance

Launceston Police and Community Youth Club Inc is the registered name and is a constitutional member-based incorporated association overseen by the Board of Management. The Club Manager, employed by the Board, manages the operational aspects of the organisation, reporting to the Board on a monthly basis.

Human Resources

Launceston PCYC employs three full time, eight part-time and 38 casual staff. In addition, the Club engages four external contractors and six regular volunteers to deliver classes.

Income	2019	2018	2017
Activity	\$ 639,065	\$ 588,378	\$ 552,401
Memberships	\$ 41,663	\$ 39,822	\$ 27,829
Canteen	\$ 21,638		
Donations/grants	\$ 53,855	\$ 3,419	\$ 56,454
Hire	\$ 10,645	\$ 34,345	\$ 27,846
Fundraising	\$ 71,411	\$ 575	\$ 1,909
Subsidies	\$ 74,718	\$ 50,515	\$ 1,433
Interest	\$ 737	\$ 464	\$ 136
Sundry	\$ 6,306	\$ 24,481	\$ 33,347
Total Income	\$ 920,038	\$ 741,999	\$ 701,355
Expenses			
Activity/Employment expense	\$ 784,899	\$ 683,391	\$ 650,554
Canteen	\$ 13,726		
General	\$ 35,947	\$ 27,960	\$ 34,149
Finance	\$ 12,032	\$ 12,620	\$ 21,793
Fundraising	\$ 2,466		\$ 283
Occupancy		\$ 35,874	\$ 33,746
Depreciation	\$ 37,817	\$ 42,747	\$ 43,874
Sundry	\$ 1,273	\$ 784	\$ 6,602
Total Expenses	\$ 888,160	\$ 803,376	\$ 791,001
Adjustments	\$ 7,710		
Comprehensive Income	\$ 39,588	(\$25,503)	(\$55,900)

Youth Engagement

ASCENT - Achieve Strength, Courage, Empowerment, and Nurture Together.



Over the last 12 months the ASCENT program has continued to have a positive effect upon the lives of young women by building resilience and self-esteem, encouraging positive relationships and addressing the contemporary issues facing young people.

Term 2, 2019 included the addition of Exeter High School to the programme. The opportunity for them to participate was met with great enthusiasm and feedback from the school has been overwhelmingly

positive. The students embraced the opportunity to talk openly about mental health, healthy relationships, goal setting and issues such as cyber bullying and online safety. It was very pleasing to hear that these conversations were continued within the school confines with the member of teaching staff who attended each week with participants.

The inclusion of challenging recreational activity continues to be integral to the success of the program. In addition to PCYC based activities such as Archery Tag and Rockwall Climb, abseiling at Brady's Lookout and completion of the High Ropes course at Hollybank are very real challenges for most participants. The importance and positive long-term effects of participant's challenging themselves in a supported and safe environment cannot be underestimated, particularly in regard to the relationships built with course facilitators.

With ongoing support from the Merridew Foundation, the ASCENT program has now been operating for over two years and is steadily building a fantastic reputation with the high schools involved.



Special thanks
to

LEFT: Glenda
from The
Cheesecake
Shop

RIGHT: Alicia
from Newstead
Coles



Youth Engagement

RESET – Resilience, Empowerment, Strength, Education, Trust

RESET is an 8-week program that creates positive experiences for 'at risk' youth through the development of better coping strategies, improved self-esteem and improved resilience. RESET is a partnership between Department of Education, PCYC and a participant school.

The pilot engaged with Kings Meadows High School, and subsequently Prospect High School. Participants were engaged for one day per week with activities including outdoor adventure therapy, rock climbing, abseiling, and team building. These activities were used to foster positive relationships, explore how to stay engaged at school, and developing positive relationships within the community and their family units.

With thanks for the Department of Education, this programme will continue in 2019/2020.



Mobile Activity Centre (MAC)

The Mobile Activity Centre provides recreational outreach programmes for some of our most disadvantaged communities by offering opportunities for young people to learn to recreate with little or no equipment in locations around greater Launceston including Rocherlea, Mayfield, Ravenswood, George Town and Ashley Youth Detention Centre on a regular basis.



MAC provides free activities and works in partnership with many community organisations including Neighbourhood Houses, Youth Health and Schools.

MAC also attends a variety of communities and schools on request, including Longford, Punchbowl, Invermay, Perth, Youngtown and Evandale as well as festivals and community events across Northern Tasmania. On average, the Mobile Activity Centre visited 12 locations, engaging 759 people each month.

Classes and Programmes

Gymsports

Launceston PCYC is proud to offer Gymnastics and Trampolining to Launceston's youth with over 300 Gymnastics and 100 Trampoline and Tumbling athletes. Gymnastics welcomed its first MAG State Champion, as well as a Level 8 Vault Champion. The Gymnastics team competed in the Gold Coast for the National Clubs as well as several State Championships with multiple placings at the Junior State Championships. Five Trampoline athletes competed in the Australian National Championships, with three making the finals and one taking out Silver in National Level 6. Ten athletes made the State Squads with one named in the National Squad. In addition, we had over 40 children in the Under 5s programmes.

Olympic Weightlifting

Launceston PCYC offers this competitive based alternative throughout the year. The team competed in Mornington at the beginning of 2019, with one athlete being ranked National Number One Under 20 in his weight class. The State Senior Championships saw this same athlete securing Gold and the State Championship title in his weight class and finished third overall in all weight classes.

Taiko Drumming

Taiko Drumming continued to have a positive impact at not only the club and at schools, but all over the northern half of the state. The 2018/19 year saw the presentation of the 100th school student Taiko group song performance (an average of 8.3 per year since 2005), and a wide range of Taiko Oni Jima performances at many high profile events including Festivale, the Tasmania Tourism Awards at the Gorge, and the Ten Days On The Island event at Devonport.

Groups and Schools

Launceston PCYC prides itself on being affordable and accessible for all of Launceston's community. Over 30 schools attend Launceston PCYC each year as part of the active recreation classes and take part in gymnastics and trampolining activities. We also regularly accommodate groups like Life Without Barriers, New Horizons, Anglicare, Migrant Resource Centre and private groups for Rock Climbing, Archery Tag, or Gymsports.

Other Activities

Launceston PCYC offers a range of low-cost activities for the entire community including Drawing, Seniors Fitness, Tai Chi, Boxing, Fitness Classes, Personal Training, Krav Maga, Karate, Yoga, Dancing, Power Lifting and the Weights Gym. We would like to extend our gratitude to the selfless volunteers who make many of these programmes possible.

Thank you

Launceston PCYC is a not-for-profit organisation relying on the support and generosity of individuals, community and businesses. Without your help, we simply could not achieve what we do.

In particular, we would like to thank the following for their generous support.

Merridew Foundation



Launceston

