

Outdoor Activity – Waiver

This document relates to PCYC’s rock climbing activities and other outdoor events organised by PCYC (“the Event”).

This is an important document which affects your legal rights and obligations. Please read it carefully and do not sign unless you are satisfied that you understand it. If you are under 18 years of age your parents or guardians must read and understand this form and also sign.

Personal Information

Name: _____ Mobile: _____

Address: _____

Date of Birth: _____ Age: _____ Email: _____

Emergency Contact Information

1) Name: _____ Mobile: _____

Relationship: _____ Email: _____

2) Name: _____ Mobile: _____

Relationship: _____ Email: _____

Medical Information

Do you require medication? Yes No

Has your doctor ever said that you have a heart condition and that you should only do physical activity recommended by a doctor? Yes No

Do you feel pain in your chest when you do physical activity? Yes No

In the past month, have you had pain when you were not doing physical activity? Yes No

Do you lose your balance because of dizziness or do you ever lose consciousness? Yes No

Do you have a bone or joint problem that could be made worse by a change in your physical activity? Yes No

Is your doctor currently prescribing drugs for your blood pressure or heart condition? Yes No

Do you know of any other reason that may impact on your ability to do physical activity? Yes No

If you answered YES to any of the above, please provide more details:

How would you rate your fitness? Low Medium High

Do you have allergies? Yes No

Please specify _____

1. The Participant acknowledges that exercise, training, programs and the participation in sporting events and activities may expose them to many inherent risks including accidents, illness or even death. In participating in the Event the Participant is exposed to certain risks and dangers including but not limited to:
 - a. The Participant may be injured (perhaps seriously);
 - b. The other participants may participate dangerously or with lack of skill or care;
 - c. The Event conditions may be hazardous (including weather) and may vary without warning or predictability;
 - d. That there may be no or inadequate facilities for treatment or transport of the Participant if injured;
 - e. The Participant has an obligation to participate safely within the rules of the Event or as otherwise directed by PCYC and the Participant's rights to participate in the Event may be withdrawn by PCYC in its absolute discretion at any time;
 - f. By signing this document the Participant waives all rights and the rights of their dependants or any other person to make a claim upon PCYC in relation to any injuries sustained by the Participant or any damage to the Participant's property arising from the conduct of the Event from whatever cause including negligence.

	Initial Here
I understand that I am participating in an adventure sport that requires a significant degree of physical exertion and a degree of physical risk, including death and physical injury, and I believe that I am physically capable to participate and do so of my own free will.	Initial
I agree to obey by the rules and regulations of PCYC at all times and to adhere to any instruction issued by the staff of PCYC. I understand that I may be asked to leave PCYC if I fail to observe these rules.	Initial
I accept full liability for my actions and for the actions of any person in my care while I am at PCYC.	Initial
I understand that this waiver of liability form is ongoing and will apply to all future occasions in which I participate at PCYC.	Initial
I acknowledge, agree and undertake to PCYC, that my harness will comply with clauses 3.3.3 and 3.3.4 of the Tasmanian Adventure Activities Standard – Indoor & Artificial Climbing Structures (September 2007 draft) at all times. I acknowledge that only harnesses which comply with European Standard <i>EN 12277 Mountaineering Equipment, harnesses, safety requirements and test methods</i> (UIAA) or equivalent should be used. I also warrant to PCYC that my harness is well maintained and has been inspected prior to commencing and completing any indoor climbing activity at PCYC. Any harnesses with no manufacturers' date or reference number are not to be used.	Initial

2. Release and Indemnity

- a. In consideration of being permitted to participate in the Event the Participant releases, discharges and forever holds harmless PCYC with respect to all actions, suits, claims, demands or proceedings for damages, costs or compensation of whatever nature which the Participant or any other person who is able to claim through the Participant may have now or at any other time hereafter as a consequence of any accident or incident arising out of the Event and for which the Participant or any person claiming through the Participant would have had but for the execution of this document.
- b. This document may be pleaded by PCYC as a bar to any action which the Participant or any other person claiming through the Participant may make as a consequence of participation by the Participant in the Event.
- c. The Participant indemnifies and holds harmless PCYC against any actions or claims which may be made by the Participant or on behalf of the Participant or by other parties for or in respect of or arising out of injury, loss, damage or death caused by or to the whether caused by negligence, breach of Contract or any other cause whatsoever.
- d. The Participant acknowledges that they have a responsibility to communicate any physical and/or psychological concerns to PCYC that may conflict with participation in the Event and in the event that they do not, they are stating that they are physically fit and mentally capable of performing the physical activity that they choose to participate in.

I acknowledge, understand and agree to all of the above:

Name: _____ Signature _____ Date _____

Parent/Guardian: _____ Signature: _____ Date _____